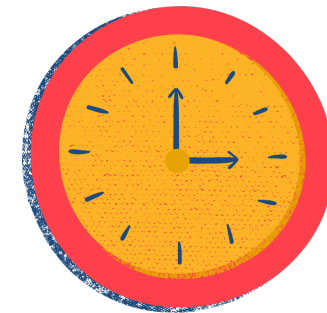
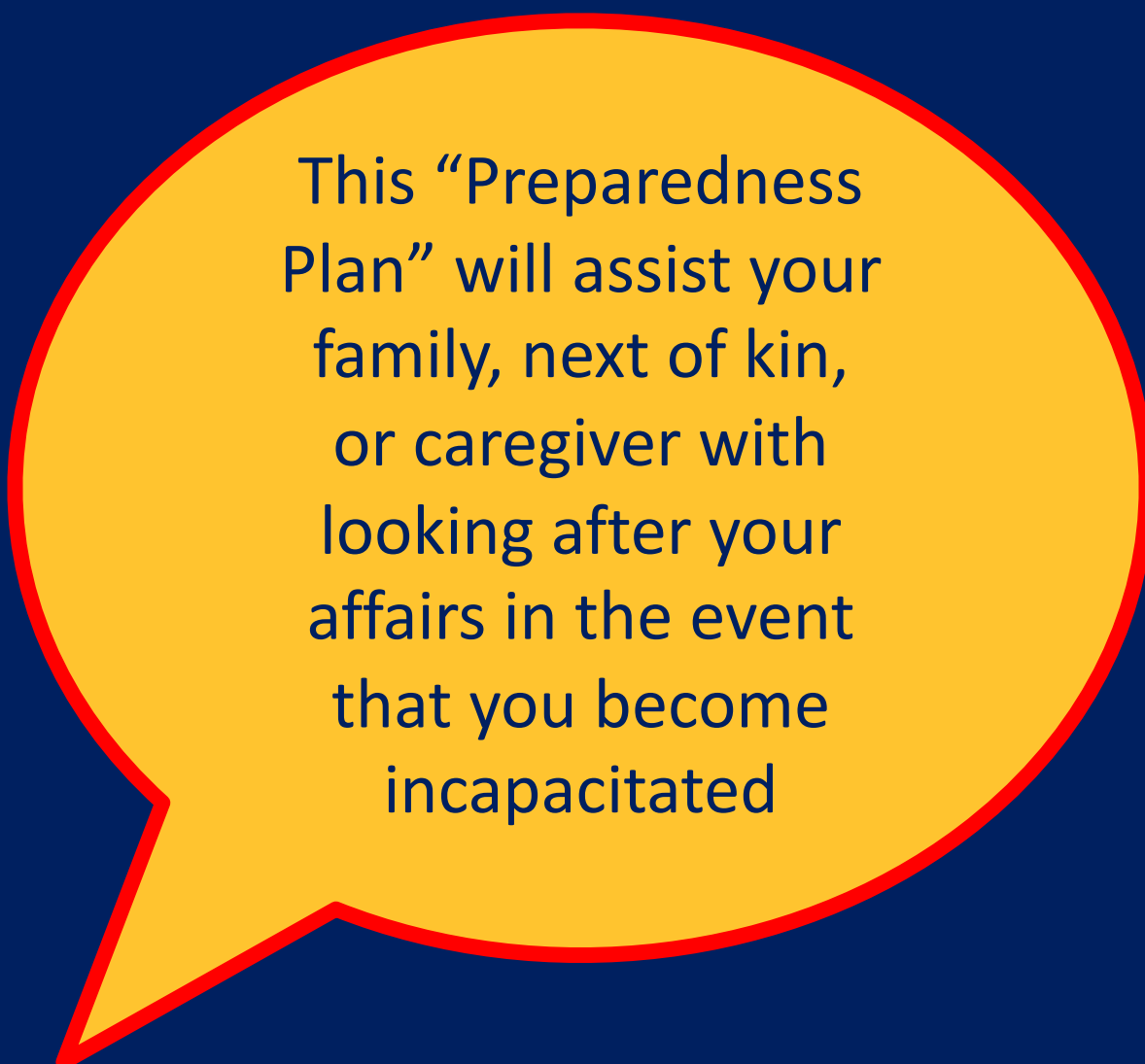


Your Preparedness Plan

A toolkit to guide you through your future planning





This “Preparedness Plan” will assist your family, next of kin, or caregiver with looking after your affairs in the event that you become incapacitated

Keep your plan and documents in a safe place

Share this information the person’s you will trust your affairs with

Update your document regularly

This plan is not intended to be interpreted as a Last Will or Living Will

Let's Get Started

Slips, trips & falls, injuries and illness are not planned events.

Who will help? How will your affairs be managed if something happens to you?

Personal Information



- Information such as your Father's/Mother's full name is helpful in contacting relatives.
- Adding any information regarding siblings, your children or a particular child's name.
- Someone that would know your current situation (such as if you are living alone, single, married, divorced, or widowed)
- MORE than one Emergency Contact is strongly encouraged.
- Under this section provide as much detail as possible to allow your family or caregivers proper information to identify you.

Emergency Contact Information



- Please list all family members or friends you wish to have contacted.
- Place emergency contacts in an order of preference
- ⚠ Identify if there is a family member or individual you do not wish to have involved in your personal affairs.
- List your children or your siblings. Someone that would know your current situation (such as you live alone, are single, married ,divorced, or widowed)
- At least one of the individuals listed should know where this information is stored.
- Update this contact list regularly

Personal Advisors

- Doctors
- Lawyers
- Power of Attorney
- Enduring Power of Attorney
- Bank



Important Documents

- Birth Certificate
- Will
- Social Insurance
- Driver's License or Picture ID
- Marriage Certificate
- Passports
- Green Sleeve Documents



Insurance, Bank Accounts, Loans & Pensions



Memberships, Subscriptions & Utilities

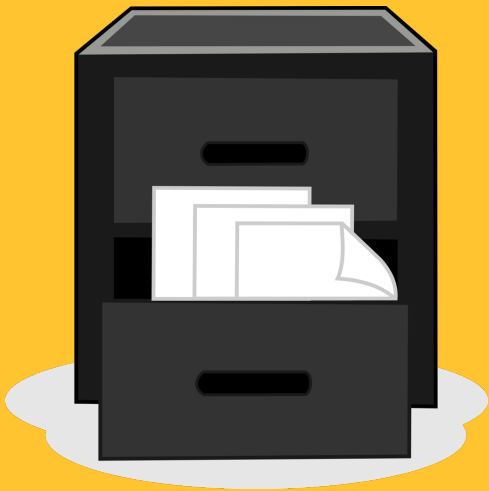


- Set aside the time to record your mail and renewal Notices.
- Go through your wallet-check your memberships cards

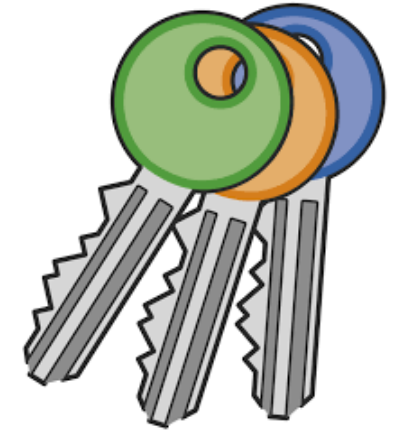
Passwords & Security Codes



Keys and Lock Box information



- House
- Vehicles
- Secondary properties
- Shed
- Locked cabinets (File cabinets etc.)
- Equipment



Pet Information



- **Who will care for pets**
- **Vet Clinic Name**
- **Boarding facility**
- **Dietary and medication needs**

Funeral Arrangements



- **What arrangements have been made(prepaid)**
- **Cremation or a Formal Burial**
- **Family Plot & Location- with which Funeral Service Provider**

Additional Notes & requests

- Important life accomplishments, career history
- Mention of significant dates, occasions or people. This will help your family or friends in providing information for your obituary.
- Use this area to prepare any additional notes pertaining to your personal care not already mentioned.
- Provide information as to any particular, Newspaper or where you would like the Funeral announcement placed.
- Depending on the individual & surviving family members, this may be an opportunity to prepare your eulogy.