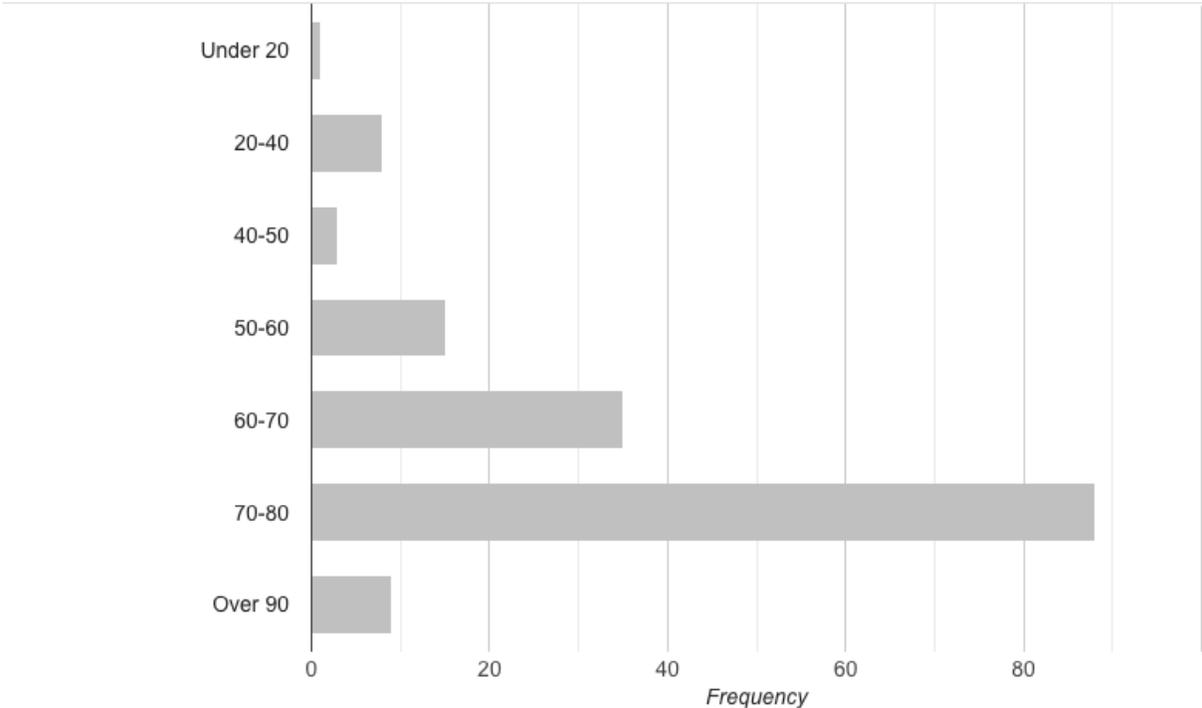
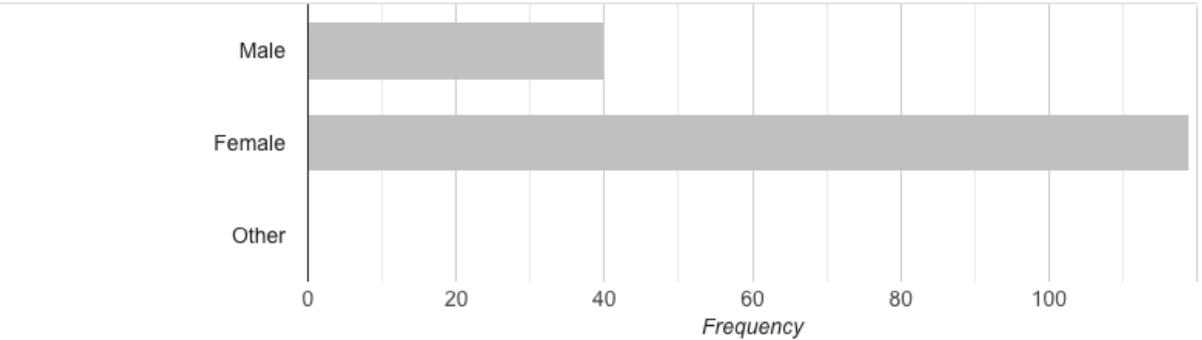


Alberta Council on Aging Covid-19 Survey. 2021 Responses

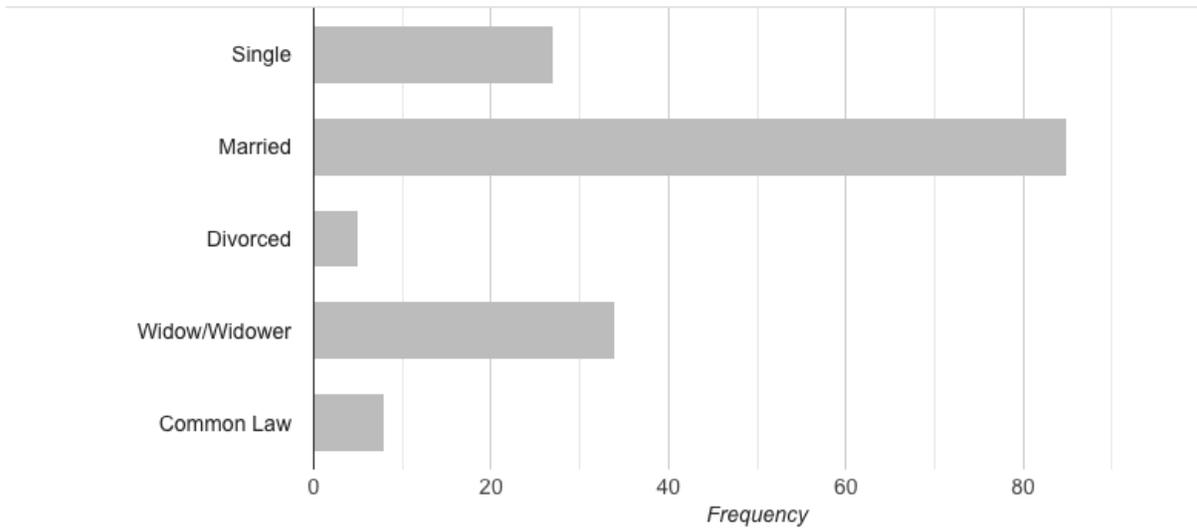
Select Your Age



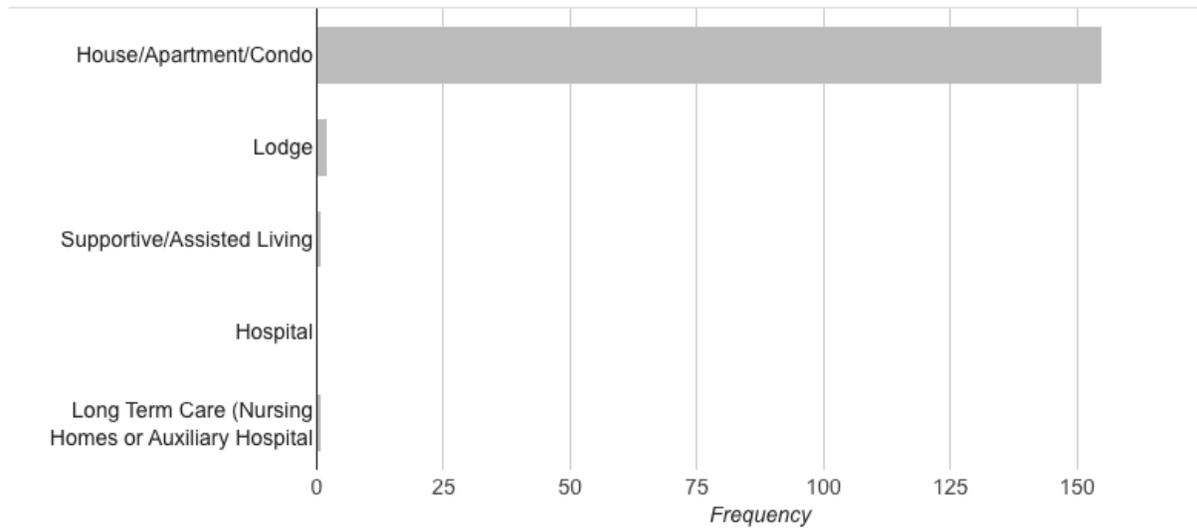
Gender



Marital Status



What type of housing do you live in?



How would you describe your overall health before the pandemic?

Poor	Fair	Good	Great
0	8	90	57

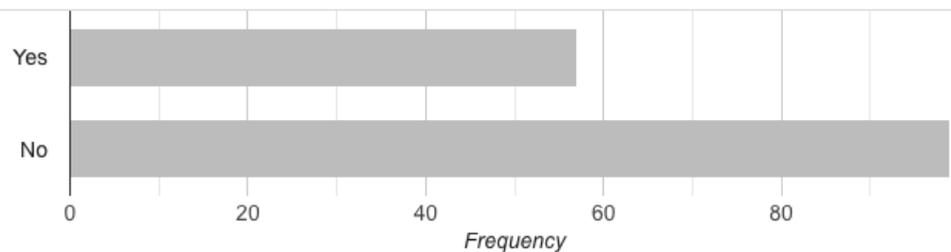
Do you think your physical health has improved or declined during this time (post-March 2020)

Physical Health has declined	Physical Health has stayed the same	Physical Health has improved
47	99	11

Do you think your mental/emotional health has improved or declined during this time (post-March 2020)

Mental/Emotional Health has declined	Mental/Emotional has stayed the same	Mental/Emotional has improved
70	80	7

Did you need medical attention during this time?

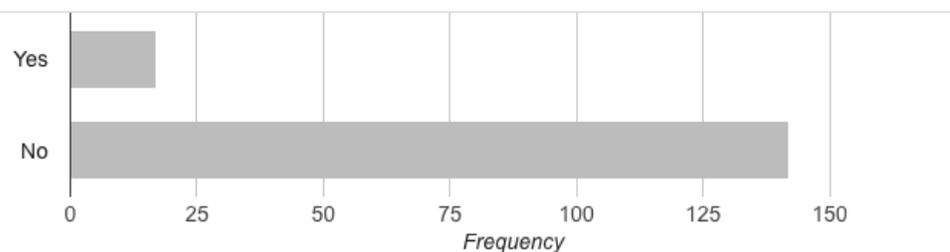


- Excellent
- Went well on two occasions. The first time in June 2020 I needed an antibiotic for an infection. The second time in March 2021 I had some dizziness and got it checked, and found there was no problem. I also went to the doctor to get a certificate for renewing my driver's license.
- I have kept up with my regular every 3 month blood work followed by a visit to my Doctor mainly for refill of prescriptions. Everything has gone very smoothly, I book the blood work online and make the Dr.'s appointment for the next visit as I am leaving from the present visit. Both my fasting blood sugars and HA1C have declined over the past 1.5 years as has my weight.
- At first denial over the daignose, then fear and frustration. A bit more on track now with medication, but still don't understand all of the implications of disease.
- Frustrating to have to speak to doctor on the phone.
- A little chaotic but fine under the circumstances, I have 2 daughters who are nurses so knew what to expect.
- Fine. I got to see MD in a timely manner. Got x ray, results as well. No problems
- I was stressed and advised to not pay attention to the news. It was good advise.
- One home community paramedic visit, one at family doctor clinic visit, and three or four family doctor telephone appointments, of which all were very positive experiences.
- Family doctor visit, some by telephone and one in person, all appointments went very well.

- as good as expected
- It was good.
- Fine. As usual
- Good
- poor
- No problem except for wait times.
- Very scary and lots of fear! Panic attacks and loneliness!
- Had to have an ileostomy and was diagnosed with colon cancer.
- Wait time for referral seemed reasonable. Weird and awkward in the office, felt like office staff was afraid of me, like I was dangerous/dirty. Didn't like not being able to bring a support person with me to office. (Appointment was for physical concern, not mental health)
- OK
- Excellent
- Autoimmune disease that required medication. Anxiety that required medication and counseling.
- Very good in High River Hospital.
- More difficult to access and more stressful
- good
- Okay
- Fine
- Good considering the new protocol
- The staff were friendly at emergency, but the overall wait time was close to 4 hours
- Visited the doctor. His office felt safe due to all protocols. Had follow up colonoscopy, procedure was performed with all protocols but results took several months and when results were received mistake was made as to when the tests should be repeated.
- Multiple phone calls with family doctor until she felt she needed to see me in person. Trip to the ER during the First Wave - scary.
- The hospital staff was great
- see family doctor regularly - sometimes on the phone. all is good there
- It was challenging to even make a medical appointment.
- Things went well and no different than pre-pandemic other than having to wear a mask.
- I didn't get hell
- Visited family doctor for physical April 2021 - good visit, no problems scheduling Colonoscopy Oct 2020 -originally earlier but re - scheduled - great service Mammogram - Sept 2020 - also rescheduled but great service
- Good. Needed to renew prescriptions. No problem getting to see family doctor. He was not rushed and had time to talk.

- Absolutely great. I broke my hip and my wrist and had surgery in Edmonton and was flown back to my own hospital . I was in hospital for 55 days with great care and all protocols respected the meals were great.
- service was slower but still good
- Worrying. Frightening. Left to deal with it myself. Refused service. Limited service. Doctors unwilling or incapable or deciding this was the perfect time to strike.
- Back issues. Had to go to the emergency room.
- Phone visit Visit toER
- Very confident my healthcare provided a safe environment for me
- Needed prescription renewal,done by phone visit. 4 times,needed dosage increase & had to have blood work done at our local hospital,again phone appointment.
- Great
- phone calls and video conferencing, very positive experiences
- Excellent. I have an autoimmune disorder and am being followed by several doctors; rheumatologist, neurologist and family doctor. They are considerate, knowledgeable and supportive and call regularly.
- I was proceeding with knee replacement surgery. It went well only delay in the initial appointment.
- Spoke with physician over the phone, much more difficult to discuss matters. Had dental surgery in Calgary, developed a sinus infection that required antibiotics. Living in Canmore made it difficult for follow up as I didn't want to catch a bus.
- Good
- Very good experience. I had my regular every 3 month Doctor appointments for medication renewals.
- Good. I was able to talk with my GP on the phone and see him once.
- Saw my GP with lung pain and received antibiotics. My doctor the tested ma for Covid which came back negative. Since then I have been working 10 to 12 hrs per week.
- nothing has improved

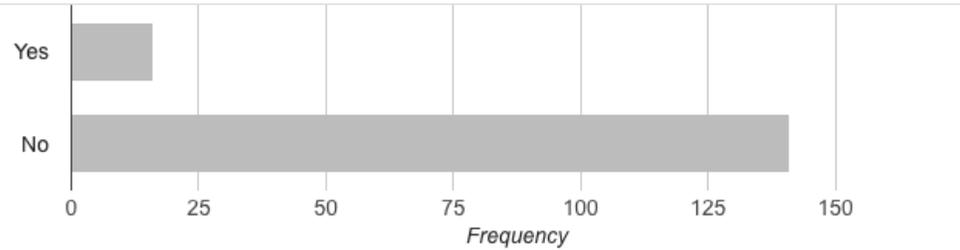
Did you receive home supports (meals, housekeeping, laundry) from paid workers or family/friends prior to Covid-19?



Did these home supports become reduced or discontinued during the pandemic?

Home Supports Discontinued	Home Supports Reduced	Home Supports Stay the Same	Home Supports Increased
8	2	43	6

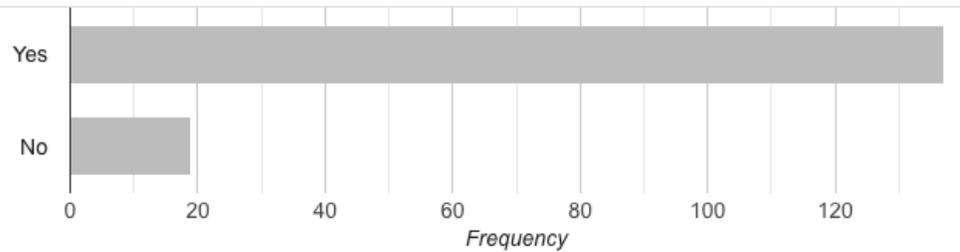
Did you receive healthcare services from paid workers or family/friends prior to Covid-19?



Did these medical services become reduced or discontinued during the pandemic?

Medical Services Discontinued	Medical Services Reduced	Medical Services Stay the Same	Medical Services Increased
7	6	49	2

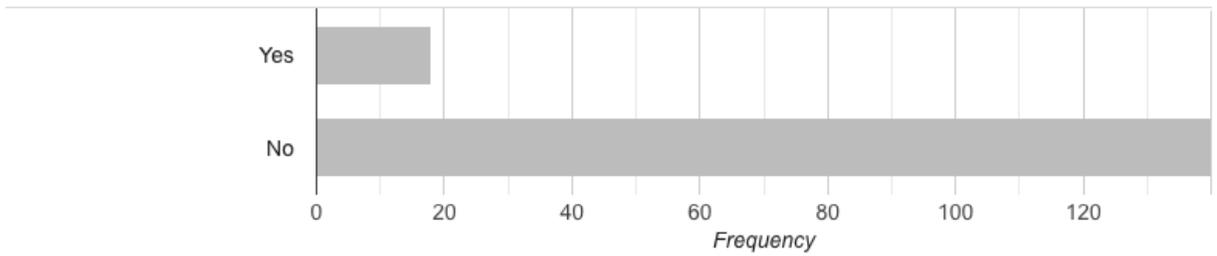
Have you received timely information on the Covid-19 Situation?



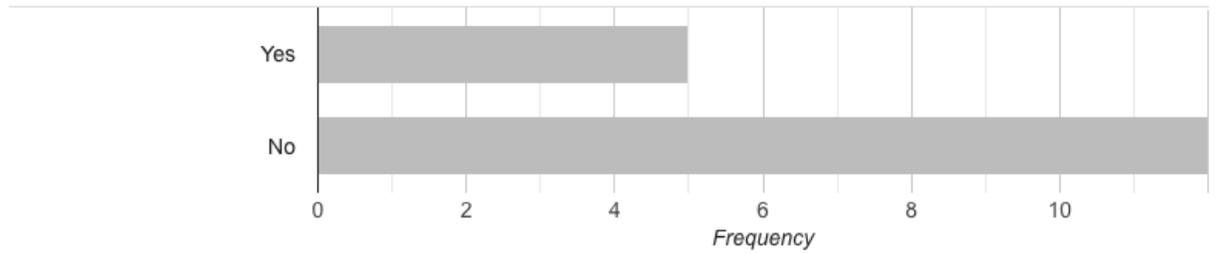
Have you had extra expenses since Covid-19 restrictions have been put in place?

Expenses Reduced	Expenses Stay the Same	Expenses Increased
16	88	46

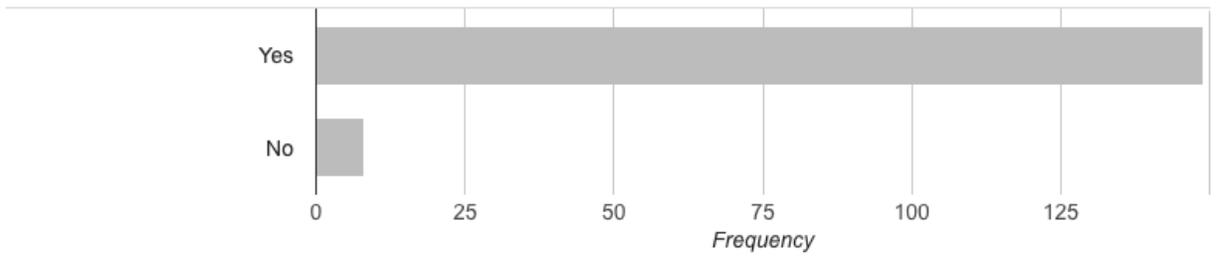
Have you been forced to defer bill payments or other financial obligations to support yourself or other family members?



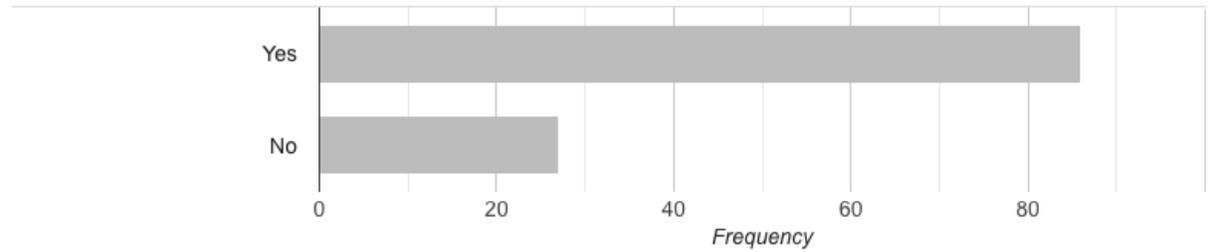
If Yes, were you able to access any support or help to do so?



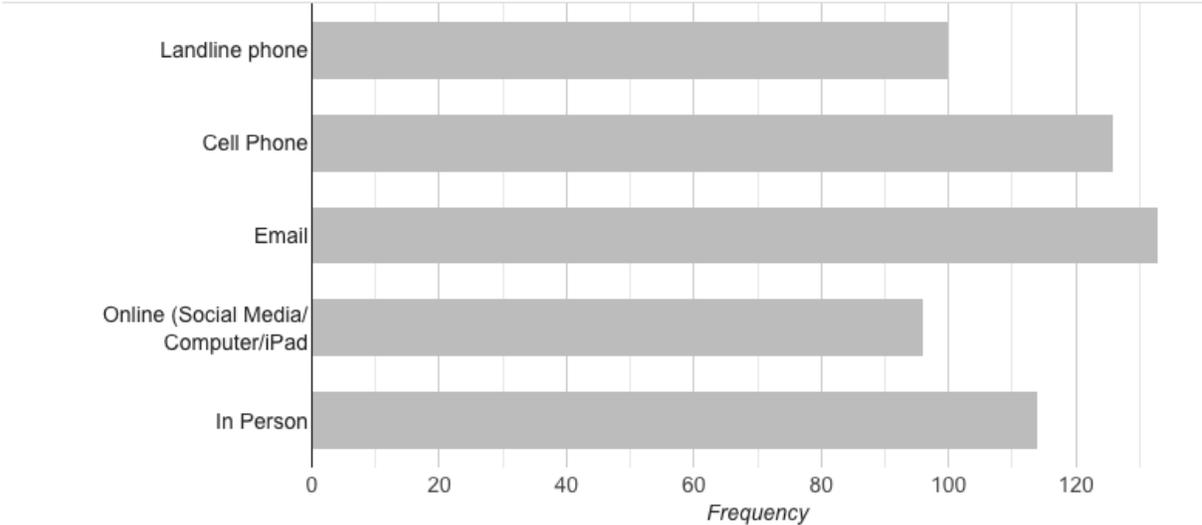
Were you able to obtain needed groceries, medicines, etc. in a timely manner?



If you did require help to receive essential services, were you able to receive the help you needed?



What methods did you use to communicate with others during the pandemic?



Are you a caregiver for a family member or friend?

