

Potluck of Ideas

Program description: This program is a sharing of ideas. Using the Potluck of Ideas, participants are invited to share what they know, what resources they want to contribute, and how they are most interested in being involved in the campaign.

How you play:

This program can be done in pairs, small groups (4-5 people), or all together.

If working in pairs or small groups, give each group four pieces of paper and a marker or pen. If working all together, appoint someone to write down ideas. We suggest using flipchart paper to write down ideas so that everyone can read it.

Participants are given four questions and invited to brainstorm with their group for 10-15 minutes. No idea is too small or too big. Display the questions on a flipchart paper or a powerpoint presentation so that participants can refer back as needed.

Questions:

1. What does your community do to celebrate aging or challenge ageism?
2. What resources does your community use to celebrate aging or challenge ageism?
3. What interests you most about the Let's Stop Ageism campaign?
4. In what way(s) do you want to be involved in the campaign?

(Handout: "What will you do?" form)

After 10-15 minutes of brainstorming, invite pairs or groups to share their ideas with everyone.

Materials:

- Paper (large or small)
- Markers / Pens
- "What will you do?" form