

Alberta Council on Aging

An Independent Non-Profit Charitable Organization Since 1967

Annual Report 2017



working to improve the quality of life for Seniors

Who We Are

For over 50 years, Alberta Council on Aging has advised local, provincial, federal governments and the general public about matters relating to the opportunity for full and equal participation of older persons living in Alberta and Canada.

The council members engage with the senior community; communicate their ideas, opinions and concerns to government and the broader community; and work toward solutions with governments, community organizations, and other seniors serving agencies.

Vision and Mission

Vision

All seniors enjoy a good quality of life.

Mission

Our mission is to improve the quality of life for seniors and encourage their participation in all aspects of community by educating seniors and the public and by advising government.

Board of Directors

Executive

President: Ron Rose
Treasurer: Gail Hiller
Secretary: Jennifer Wrzosek

Staff

Executive Director: Donna Durand
Outreach Coordinator: Laureen Guldbrandsen

Regional Directors

Region 1 (Northwest):	Jennifer Wrzosek
Region 2 (Northeast):	Kim Winger
Region 4 (Edmonton area):	Gary Pool
	Gail Hiller
Region 5 (Central Alberta):	Keith Sterling
Region 6 (Calgary area):	Frank Hoebarth
	Brenda Josephs
Region 8 (Southeast):	Gordon Nott

Farewell and Thanks

Fred Olsen, President
Paul Boisvert, Region 2 Director
Dwayne Hlady, Region 9 Director

51st Annual General Meeting Agenda

Alberta Council on Aging 51st Annual General Meeting

June 18, 2018 1:30 PM to 4:00 PM
Chateau Louis Hotel and Conference Centre
11727 Kingsway NW Edmonton

Agenda

Chair: Ron Rose

Recorder: Jennifer Wrzosek

1. Call to Order and Confirmation of Quorum
2. Standing Orders for 51st Annual General Meeting
3. Guest Speaker: Winston Gereluk on The History of Medicare
4. Presentation of minutes of 50th Annual General Meeting
5. Financial Report
 - i. Audited Financial Statement for April 1st 2017 to March 31st 2018
 - ii. Presentation of Budget for 2018–2019 (review only)
 - iii. Reaffirm Auditor for 2018-2019
6. Reports
 - i. President
 - ii. Executive Director
 - iii. Regional Reports
7. Confirmation of elected Directors and Alternates, Election of Officers
8. Objects/bylaws
9. Members Forum
10. Adjournment

50th Annual General Meeting Minutes

June 19, 2017 – 9:35 am
Chateau Louis Hotel and Conference Centre
11727 Kingsway NW, Edmonton

1. Call to Order by Fred Olsen. Confirmation of quorum (25).
2. Standing Orders for the 50th AGM: Robert's Rules of Order
3. Presentation of the amended minutes of the 49th Annual General Meeting. Minutes were amended to read "49th" AGM under item 2.0 and "48th" under item 3.0. Acceptance of the amended minutes moved by Dwayne Hlady and seconded by Frank Hoebarth. Carried.
4. Financial Report
 - I. Presentation of audited financial statement for April 1, 2016 – March 31, 2017. There was a question on how the casino money was deferred. There was a question on the occupancy category and office costs. There was a question on how Laureen's position would now be paid. Moved by Gail Hiller and seconded by Marie Buchanan to accept the financial statement as presented. Carried.
 - II. Presentation of the budget for 2017-2018 for information only. Delores Ast wanted know when the budget would be approved by the members. After some confusion it was determined that the bylaws do not explicitly mention that the budget must be brought to the members for approval. The practice in the past has always been to bring the budget to the AGM but for information only. It is the Board who approves the budget and provides financial oversight at each Board meeting.
 - III. Re-affirm the auditor: Moved by Gail Hiller and seconded by Maria Buchanan to re-affirm Hawkings Epp Dumont as auditors for upcoming year. Carried.
5. Reports
 - I. President
 - II. Executive Director
 - III. Regional Reports

All reports included in the Annual General Meeting Handout.
6. The following members resigned during the year:

Region 6	Lynn Podgurny
Region 8	Paul Howe

Affirmed the following new members added to the Board of Directors:

Region 2	Paul Boisvert
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Election of officers did not take place (deferred to the first Board meeting.)
7. Objects/bylaws: A member from Region 5 asked when was the last time the bylaws had been updated. The answer was two years ago.

8. **Members Forum:**

Vernie Monroe from the Region 5 Outreach Committee brought forward their assessment that many areas already have access to outreach information in their local areas and are not interested in information from ACA. They prefer to contact groups and people in their own localities. They felt their outreach efforts were really disappointing and that the ACA strategy needs to be rethought. Fred suggested that this should be part of the strategic planning session that will be happening in the fall and that every Region is invited to participate.

An executive director from a seniors centre came forward and said that part of the strategic planning should be to develop a link with the Seniors Centres Association of Alberta. She used to love being part of ACA when it brought the senior centres together but that function seemed to fade away. She found herself drawn to the new organization by necessity.

Some Region 5 members raised the issue of the rebate that goes back to the Regions still being at \$2 even though the membership fee itself has been raised several times.

Motion

That the membership rebate go to \$5 per member. Moved by Sandra Smyth. Seconded by Vernie Monroe.

Discussion took place on this motion. Paul Boisvert suggested that an entirely different funding formula be considered, including regional casinos. Fred Olsen suggested that this could all be part of the strategic planning process that is coming up in the fall. Someone asked if an immediate change in the membership fee would affect the current budget and the answer was yes. Gail Hiller (Treasurer) suggested that any change should be for next year because of the financial planning process. Sandra Smyth and Vernie Monroe agreed to amend their motion.

Amended Motion

The issue of membership rebates should be studied as part of the strategic planning process with information sent out to the Regions prior to the strategic planning process. Moved by Sandra Smyth and seconded by Vernie Monroe. Approved.

9. **Adjournment:** Gary Pool moved for adjourned. Fred Olsen adjourned the meeting.

Talking Points

In order to strengthen the “one voice” of Alberta Council on Aging, the Board of Directors recently voted on accepting the following as guidelines for discussion.

Housing

- seniors desire to reside in a place appropriate to their circumstances
- living environments such as outdoor spaces and buildings must support seniors to maintain themselves in the community

Finances

- seniors need to have adequate financial resources to meet their needs
- current supports for seniors are often based on a means tests which looks at income but fails to consider other expenses that may be incurred
- recommendation that needs testing be used to compliment current means tests and be related to individual needs

Continuing Care

- continuing care services for Albertans often impose significant costs for seniors
- support efforts to make continuing care services clearly and consistently defined
- affordable for all seniors

Transportation

- recommendation the provincial government undertake a review as to how transportation for seniors can be improved
- seniors require equal access to services wherever they live

Health

- equal access to emergency care, surgeries, hospitalization and treatment such as rehabilitation and medications
- seamless delivery of publicly funded and delivered programs and services
- clear standards and eligibility for programs and services
- expanded legislation for Protection for Persons in Care

Elder Abuse

- envision a world free of abuse
- work toward this aim through developing community partnerships
- make appropriate referrals for reporting and receiving help
- influence legislations which protect older persons

Reports

President's Report

My term as ACA President began quite unexpectedly with the resignation Fred Olsen in August 2017. To say there was a bit of a learning curve involved in filling the president's shoes would be an understatement! Since that day, the board has held three meetings. We have welcomed four new regional directors (Kim Winger, Keith Sterling, Brenda Josephs, and Gordon Nott), and accepted two resignations (Paul Boisvert and Dwayne Hlady). We're currently seeking directors for Regions 3, 7 and 9. In November I attended a seniors' advisory forum, hosted by Alberta Seniors and Housing, in Calgary. The forum provided an opportunity to share information and perspectives for the development of strategies to deal with three key priorities set by the minister: ageism, aging in community (housing and supports), and labour force participation of older workers. In February I attended the annual meeting of the Medicine Hat Senior Citizens Advisory Council. I presented information on the history and mission of Alberta Council on Aging. I was encouraged by the energy and enthusiasm shown by seniors in 'the Hat'. In March I attended the Alberta Seniors Communities and Housing (ASCHA) Convention and Tradeshow in Red Deer. ASCHA is a provincial organization serving the seniors housing sector. Its members include non-profit, public and private housing providers. The convention provided insight into initiatives of Alberta Seniors and Housing and Alberta Health in dealing with our aging population. Our next major effort has been preparing for the development of a strategic plan for Alberta Council on Aging, mapping our direction for the next three years. Stay tuned! In closing, I wish to thank the board members, regional executives and office staff for their patience and guidance – it's very much appreciated.

Respectfully submitted,
Ron Rose

Executive Director's Report

Coming in to the 51st year with Alberta Council on Aging also meant completion in terms of the strategic plan the board of directors developed five years ago. As well as extending our reach to members and older persons, partnerships were identified as high priority. Meetings with government of all levels to discuss concerns affecting the quality of life for seniors and possible solutions have been key. A milestone arose both for Alberta Council on Aging and seniors of the province as International Day for Older Persons (October 1) was declared at the legislature. Imbedded in the speech Alberta Council on Aging delivered at the proclamation was the clarion call to identify and respond to the age wave with enthusiasm and practical solutions rather than dread. A second and equally significant invitation Alberta Council on Aging responded to was to provide input to Alberta Education's curriculum framework development. Centering on the concept that aging is a natural progression of life, we hope to bring awareness to young learners of an age friendly world where people of all ages actively participate in community activities and where all citizens are treated with respect, regardless of their **age**. What does a fresh new vision look like? **People age with the confidence they will stay connected**, in their communities- to the people and activities they care about and policies, services and programs will ensure this. I am immensely honoured to work with the members, board of directors, numerous volunteers, partnering agencies and officemate, Laureen, as we aim to maintain and improve the quality of life for older persons.

Respectfully submitted,
Donna Durand

Region 1

Celebrating ACA's 50th anniversary in Edmonton was a highlight as we listened to Jan Reimer's sharing of her and her father, Neil Reimer's experiences being part of ACA in the early years. We would like to extend a huge THANK YOU to all those who planned this delightful day.

We held a "Picnic in the Park" in July to focus on our intergenerational community. We had greetings from the city with about 50 people of all ages attending this fun afternoon of entertainment, games, face painting and cake. A great time was had by all!

ACA attended the August 24 opening of Lakeview, our newest seniors facility.

On November 27 we held an information meeting where Donna Durand presented "The Link Between Ageism and Abuse". We also had a message from the hospital auxiliary and some sharing regarding the Senior Friendly™ Programs. The city of Grande Prairie was in attendance and conducted an interactive survey regarding inclusiveness in our community.

One of our long-range goals is to increase ACA awareness with our outlying communities. Fortunately, in November, Donna and I were able to travel to the town of Fairview and we were met by an enthusiastic group of seniors. Donna presented the program "Let's Talk Dementia". The information prompted a lively discussion.

During the winter ACA became involved with community group called Studio-50. This is a collection of individuals and organizations committed to investigating ways of encouraging seniors of all ages to stay connected. We are anticipating some positive feedback as time unfolds.

Region one would like to acknowledge all those who represent ACA on provincial committees and the work that is being done in our behalf and on the behalf of all seniors in Alberta. We appreciate the communications that are shared so we can stay abreast of government plans, programs and decisions that are crucial for the health and safety of seniors.

Respectfully submitted,
Jennifer Wrzosek

Region 2

President of our executive, Paul Boisvert, needed to resign, due to health reasons. Paul's enthusiasm, connections in our community, addressing senior's issues and advocacy are a great loss.

At an executive meeting, we considered the idea of rotating the executive of Region 2 among the various communities in our region in a two or three-year cycle. Perhaps people would be more prepared to serve on the executive, knowing there would be a limit to the time they would have to serve.

For geographic and travel reasons, it works well to have the executive living relatively near each other. However, it would be beneficial for ACA to have the executive shift on a regular basis from one part to another of our very large region.

The Region 2 annual meeting was held in the Redwater Seniors Centre with a good attendance. Redwater has a very spacious and Senior friendly centre, where we were pleased to hold our annual meeting in the Centre.

Paul Boisvert presented Recognizing Fraud, with great interest from those attending the meeting. Grant monies were awarded to 14 senior serving organizations in our Region 2. It is wonderful to acknowledge the various and beneficial activities that occur in our rural senior centres.

The challenges and concerns of our rural region remain huge. Great distances, challenges with ambulance services, the many government and health services being readily available in our rural communities, and being so far removed from the larger urban centres, the issues are not addressed in a proper time frame. In Region 2 we continue to address and advocate for the improvement of these problems.

Respectfully submitted,

Theresa McNamara, Communications Officer

Region 4

Our area participated in a number of events over the last year. We sponsored displays at a Seniors Housing Forum in September and a Seniors Health and Wellness Forum in November. At each of these events we had several hundred people visit our display. Many of them were interested in our activities.

We had a regional meeting also in November with about 25 members attending and presented our Recognizing Fraud program in March to a group of members and general public. The presentation and follow-up discussions were appreciated by the attendees.

In addition to these activities we represented Alberta Council on Aging at a number of discussions, this included several Seniors' Task Force meetings. The main topics were prescription coverage, long term care and acute care. Two of the sessions included presentations from Alberta Health Services. We participated in the initial meeting of the Congress of Union Retirees of Canada (CURC) and Alberta Federation of Union Retirees (AFUR) to launch the Pharmacare campaign. This group has remained active and is lobbying with both the Federal and Provincial Governments for action on improved prescription coverage for all Canadians.

Respectfully submitted,

Gary Pool

Region 5

2017 was another successful year for Region 5 in their endeavor to raise the awareness for seniors about different government and community agencies that could help to improve their quality of life. In addition to the five regular board meetings, general meetings were held in April, June, October, December, and February. With the exception of the June meeting, these meetings featured a speaker and often had entertainment attracting between 50 and 60 seniors. The June meeting, a pancake breakfast, a joint effort with the Red Deer Golden Circle Senior Resource Centre, held to celebrate Seniors' Week. This event attracted more than 200 seniors.

In November, due to personal reasons, Linda Shepherd resigned as the President of Region 5 Board of Directors. Jane Grenier-Frank assumed the President's duties of the Board.

Some of the topics discussed at the regular meetings dealt with outreach programs, the different workshops and conferences being held in Alberta and how to get information to outlying areas of the region. The general meeting speakers included the RCMP presentation on Fraud, Alberta Health Services outline of coping with

chronic disease and pain, how to access the services of the Ombudsman for Seniors and the new programs offered at the Golden Circle Senior Resource Center plus details of the newly opened Elder Abuse Emergency Shelter for Central Alberta.

The many hours devoted by board members and other volunteers have helped keep seniors informed in Region 5.

Respectfully submitted,
Keith Sterling

Region 6

The past year has been a year of restructuring in Region Six. Brenda Josephs has joined the Board of Directors to represent Region Six. Special thanks is extended to Lynn Podgurny who not only contributed significantly to the Region but also served as the secretary for the Board of Directors.

Region 6 is exploring the best way to connect and be of service to our members in Calgary and surrounding areas. We welcome suggestions, comments and feedback and look forward to connecting with other organizations in order to share resources.

Respectfully submitted,
Frank Hoebarth

Region 8

As Director for the past five months, my challenge has been to become familiar with and understand the mission and operation of ACA and my responsibilities within it.

My initial focus has been to connect with seniors within the region to increase the awareness of ACA and the benefits available to assist them with their daily living. As a part of increasing that awareness, president Ron Rose attended the annual general meeting of the Medicine Hat Senior Citizens Advisory Committee in February and presented a very informative overview of ACA for 100 attendees.

Community Outreach Coordinator, Laureen Guldbrandsen, presented Recognizing Fraud with a group of 37 attendees in February.

Promoting intergenerational relationships between youth and seniors, the City of Medicine Hat Senior Services hosted a Teddies and Tea event with seniors and grade one students. Seniors and grade three students participated in a pen pal project. Both of these were successful ventures.

The replacement of the Medicine Hat Seniors Centre, lost in the flood of 2013, is nearing completion with an anticipated opening of early July. Seniors in the community are excited and anxious to reconnect and enjoy their new home away from home.

I look forward to further connecting with seniors in the southeast region to assist them in enjoying the very best lifestyle possible according to their needs.

Respectfully submitted,
Gordon Nott

**ALBERTA COUNCIL ON AGING
EDMONTON, ALBERTA
FINANCIAL STATEMENTS
FOR THE YEAR ENDED MARCH 31, 2018**

Draft

INDEPENDENT AUDITORS' REPORT

To the Board of the Alberta Council On Aging
Edmonton, Alberta

We have audited the accompanying financial statements of the Alberta Council on Aging, which comprise the statement of financial position as at March 31, 2018 and the statements of operations, changes in net assets and cash flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditors' Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditors' judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Opinion

In our opinion, the financial statements present fairly, in all material respects, the financial position of the Alberta Council on Aging, as at March 31, 2018 and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

METRIX GROUP LLP

Chartered Professional Accountants

June 18, 2018
Edmonton, Alberta



ALBERTA COUNCIL ON AGING
STATEMENT OF FINANCIAL POSITION
AS AT MARCH 31, 2018

	<u>2018</u>	<u>2017</u>
<u>ASSETS</u>		
Current Assets		
Cash and cash equivalents (Note 3)	\$ 118,101	\$ 161,766
Accounts receivable	96	768
Goods and Services Tax receivable	447	3,708
Prepaid expenses	<u>-</u>	<u>544</u>
	<u>\$ 118,644</u>	<u>\$ 166,786</u>
<u>LIABILITIES AND NET ASSETS</u>		
Current Liabilities		
Accounts payable and accrued liabilities	\$ 26,921	\$ 30,993
Deferred contributions - operating (Note 4)	<u>35,578</u>	<u>103,702</u>
	62,499	134,695
Net Assets		
Unrestricted	<u>56,145</u>	<u>32,091</u>
	<u>\$ 118,644</u>	<u>\$ 166,786</u>

ON BEHALF OF THE BOARD:

____ *Gary Pool* _____ Director
 ____ *[Signature]* _____ Director

ALBERTA COUNCIL ON AGING
STATEMENT OF OPERATIONS
FOR THE YEAR ENDED MARCH 31, 2018

	<u>2018</u>	<u>2017</u>
Revenue		
Casino	\$ 62,574	\$ 47,491
Memberships	51,094	39,516
Sponsorships	47,602	47,169
Other	10,486	4,711
Donations	8,133	7,859
Grants	<u>5,550</u>	<u>33,858</u>
	<u>185,439</u>	<u>180,604</u>
Expenses		
Salaries and benefits	92,460	74,585
Office	33,869	36,165
Member services	32,391	65,364
Travel	2,665	5,834
Occupancy	<u>-</u>	<u>13,199</u>
	<u>161,385</u>	<u>195,147</u>
Excess (Deficiency) of Revenue over Expenses	<u>\$ 24,054</u>	<u>\$ (14,543)</u>

Highlights 2017

Participating

Aging 2.0: Improving Experiences for Older People Through Technology and Innovation

World Health Organization webinar, presented by Stephen Johnston of Aging 2.0, to discuss the development and application of technology and innovation in age-friendly environments.

Global Foundation for Sustainability Tour

The foundation is run by Lucien Royer and Judith Basisty, two seniors who are creating an island of trees in Alberta which helps to improve the oxygen levels. The Foundation is home to a wide variety of wildlife, including a number of endangered species.

Finding Solutions to Improve Information and Communication Resources for Seniors Workshop and Networking Reception

Senior Serving Organizations shared ideas and their expertise to help organizations work smarter – not harder – to meet the information needs of seniors in the Edmonton area.

Legislative Assembly of Alberta

Alberta Council on Aging was invited to attend the Legislative Assembly of Alberta session as a guest of Honourable Sarah Hoffman as MLA for Edmonton-Glenora. The Council was introduced to the Speaker of the House and acknowledged for contributions to the vitality and health of community and society.

Rural and Remote Age-friendly Communities Webinar

The webinar focused on what age-friendliness means in the context of rural and remote communities and what factors help or hinder rural and remote communities in becoming more age-friendly.

Private Versus Public Health Care Forum

We were invited to a public forum on the topic of private versus public health care. Political parties as well as health care researchers presented their positions on this topic. There was an agreement that research shows health care needs to be publicly delivered.

The entire panel seemed to favour public health promotion and prevention vs sick care.

Educating

Canadian Cultural Mosaic Project on Inclusive Language

The Canadian Cultural Mosaic Foundation is a national non-profit organization that works to create cultural understanding and mitigate isms. Alberta Council on Aging collaborated on an educational project designed to promote inclusive language.

As a result of this collaboration, we have based a new program, “Let’s Talk Ageism”, on the combined work.

Coffee Break and Dementia Information Session hosted by MLA Sarah Hoffman

We shared a short presentation from Let’s Talk Dementia with the assistance of key volunteers.

Reaching Out to Seniors Conference

In partnership with Lac La Biche County and FCSS, Donna Durand presented the Senior Friendly™ Program overview and participated in the Community Blanket Exercise

Recognizing Fraud Launch

The kickoff for Fraud Prevention Month was held in Camrose in partnership with Johnson Inc., Camrose RCMP and the Wise Owls, and Alberta Council on Aging.

Advising

Alberta Human Rights Act Age Amendment

Alberta Council on Aging met with representatives of the Alberta Justice and Solicitor General to submit feedback regarding the amendment of the Human Rights Act to include age.

The council and individual members took part in attending discussions or submitting feedback to government regarding the amendment to the Human Rights Act, to include “age”.

Primary Health Care Coalition for Integration

The Primary Health Care Integration Network is focused on improving transitions of care between primary healthcare providers and acute care, emergency departments, specialized services and other community services.

Meeting four times a year, we have a role to play in representing the voice of older people who clearly have a story to tell. Integrated health services is a priority of Alberta Council on Aging.

Seniors and Housing Ministry Advisory Forum

This ongoing forum covers the topics of ageism, aging in the community, and the labour force participation of older workers. The council provides input to inform the plans and strategies of the Ministry.

Seniors Health Priority Setting Partnership Teleconference

We supported the Seniors Health Strategic Clinical Network™ research priority setting partnership by taking part in the survey and encouraging others to do so.

Alberta Curriculum Roundtable Discussion

We participated in the curriculum roundtable with Minister of Education David Eggen and Seniors and Housing Minister Lori Sigurdson. We shared our thoughts on how to strengthen and improve Alberta's K-12 curriculum. There was a call for organizational submissions, of which we responded to, giving emphasis on the utilization of the Senior Friendly™ Program.

Life My Way with Lifestyle Options

The advisory council met via teleconference to review and discuss the draft Final Report of the Life My Way Butterfly Home Project funded under the Alberta Dementia Strategy.

Health Coalition of Alberta Meeting

We attended this meeting with the Health Coalition of Alberta and Edmonton MLAs. This meeting focused on the two core priorities of the Coalition: access to care and access to medications.

New Committee Membership 2017

- Primary Health Care Coalition for Integration
- Seniors and Housing Ministry Advisory Forum

Senior Friendly Programs

Alberta Council on Aging develops programs and publications aligned with age friendly initiatives with the aim to eliminate ageism and promote inclusiveness of older persons. For seniors to enjoy a good quality of life it is important to know what programs and resources are available.

We are very interested in engaging with our members, older persons and the general public. Our Senior Friendly™ Programs are designed to partner with our regional volunteers and communities to better engage our members and older persons across the province.

We had 21 scheduled outreach events across Alberta for 2017-2018. The most popular topic was Recognizing Fraud (10) followed by a tie between Let's Talk Dementia (4) and Living Stronger Longer (4).

Publications and Media

- Red Deer Advocate
- Fairview Post
- rdnewsNow
- Hinton Voice
- Camrose Booster
- Camrose Canadian
- Camrose Morning News
- Alberta Government News
- Big Country XX
- Country 106
- Sundre Roundup

"Don't design for me. Design with me." - June Fisher CEO and author of Aging 2.0



Premier of Alberta

Office of the Premier, 307 Legislature Building, Edmonton, Alberta T5K 2B6 Canada

Message from Honourable Rachel Notley Premier of Alberta

On behalf of the Government of Alberta, it is my pleasure to send greetings to the Alberta Council on Aging as you celebrate your 50th anniversary.

Founded in 1967, Alberta Council on Aging has supported and advocated for seniors and has improved the lives of so many Albertans. Your support has allowed countless seniors to live their lives with health, dignity, and happiness—seniors who, in turn, have shared their experience and commitment to their communities, helping make this province a great place to call home.

Thank you for continuing your mission to improve the quality of life for all Alberta seniors and encourage their participation in all aspects of our community. Significant milestones like this one encourage us to look back on our collective histories, reflect, and look ahead to our shared future.

Thank you to everyone including members, community partners, president and board of directors, regional executives, volunteers and staff. Best wishes for a wonderful anniversary celebration.

A handwritten signature in blue ink, appearing to read "R. Notley".

Rachel Notley

June 19, 2017

Alberta Heralds International Day of Older Persons

Alberta Council on Aging

September 29, 2017

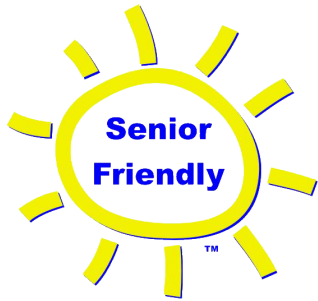
Today, we come together to recognize and celebrate older persons, here and world wide, for their roles and contributions- past, present and future. The council believes to create age friendly environments and communities is to **promote** healthy **aging**. We look at the various domains, and principles that affect all of humanity. We must have government policy and grassroots strategies that interlock to support the fundamentals to well being and longevity: clean air, water and food, access to comprehensive health care including rehabilitation and medications, housing, transportation, social programs and income source. Collectively we acknowledge many barriers, once removed, immediately enhance inclusiveness and quality of life for older persons. We must commit to examining the inequities that are so harmful to older persons. We must approach elder abuse head on by combatting existing ageisms and myths about older persons. Above all else, we stay the course in promoting and demonstrating the value, dignity and worth of older persons. In so doing, we deepen our commitment to the social contract where no one is forgotten and purposeful living throughout the entire life cycle is realized.



“This is the first time in Alberta’s history that International Day of Older Persons has been declared. Seniors built this province and stitched together our cultural and social fabric. They continue to make important contributions daily.

We are grateful for their significant contributions and are looking forward to honouring them with their special day.”

Honorable Lori Sigurdson



Make things easy:
to see, to hear, to use, to understand

Alberta Council on Aging

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