

Senior Friendly™ Programs



Alberta Council on Aging

An Independent Non-Profit Charitable Organization Since 1967

Senior Friendly™ Programs

Our programs are designed to partner with regional volunteers and communities to better engage older persons across the province. Alberta Council on Aging is committed to bring presentations and resources to communities at little or no cost to participants.

What would you like to learn more about?

- Senior Friendly™ Program Overview
- Recognizing Fraud
- Pre and Post Retirement Planning
- Recognizing Abuse
- Living Stronger Longer
- Let's Talk Dementia
- Let's Talk Ageism
- Pharmacy Tips
- Navigating for Services
- Seniors Forum - a facilitated participants discussion



Alberta Council on Aging

Our mission is to improve the quality of life for seniors and encourage their participation in all aspects of community by educating seniors and the public and by advising government.

Senior Friendly™ Soundbite
Make things easy:
to see, to hear, to use, to understand...





Contact Us Today!

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An aging demographic is changing the face of Alberta. Alberta Council on Aging, with regional representation across the province, is meeting the challenge with relevant research, communications and programs.

www.acaging.ca