



Annual Report 2012

Alberta Council on Aging

An Independent Non-Profit Charitable Organization Since 1967

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Alberta Council on Aging Board of Directors 2012

Executive

President	Gary Pool
Past President	Floyd Sweet (deceased)
Vice President	(open)
Secretary	Yvonne Dickson
Treasurer	Bev Hanes

Regional Directors

Region 1	Northwest	Yvonne Dickson
Region 2	Northeast	Alex Herdman(until Oct.) Donna Chamberland (interim)
Region 3	West Central	Diane Walker
Region 4	Edmonton and area	Gary Pool
Region 5	Central Alberta	Bev Hanes
Region 6	Calgary and area	Frank Hoebarth
Region 7	Southwest	Murray Campbell
Region 8	Southeast	(open)
Region 9	East Central	Fred Olsen

Executive Director

Donna Durand

President's Report

In the past year, the Alberta Council on Aging has continued to change and grow in a number of new directions. With our new Executive Director (Donna Durand) who started just prior to last year's Annual General Meeting we made significant progress in a number of areas.

The most notable success was the Senior Friendly™ Program. In 2011 we began a reinvigoration of the Senior Friendly™ Program originally established by ACA in the 1990's. The reinvigoration took more work and more time than we initially planned on but I believe the resulting program is well worth it. In September 2012 we sponsored a Senior Friendly seminar at the provincial "Grey Matters" conference. The seminar was well attended and resulted in increased interest by a number of groups and communities.

We have continued to develop and upgrade senior Friendly and have run training sessions. As more and more communities work towards developing Age Friendly Communities we are seeing an increase in interest in this tool, both inside and outside the province of Alberta.

We did complete our new website. It also took much more effort than we expected and it is a major improvement over our previous website.

We have continued to work collaboratively on Seniors Issues with a number of other groups. The two most significant areas of activity have been with ANSRO (Alberta Network of Seniors Related Organizations) and with the Seniors Task Force coordinated by Public Interest Alberta.

The vision of ANSRO has been modified to the implementation of Family Care Clinics. We understand that Alberta Health is planning implementation of Family Care Clinics in some form this year. This modified vision is "development of a network of provincially standardized, community-based seniors resource center that can provide information, support and integrated management of the health and social care services that seniors need to achieve optimal health and independence".

The Seniors Task Force of PIA has been focusing on five issues. These issues have been reviewed with the Minister of Health and the Associate Minister of Seniors. The issues are: The shortage of long term care spaces in Alberta, the concept of an independent Seniors Advocate, adequate staffing levels in seniors care facilities, the need for more accessible and affordable home care and the future direction of seniors care in Alberta.

In addition to this collaborative effort we have increased our level of contact with the Health Minister and Associate Minister of Seniors as well as some MLA's (representing both the government and opposition). We have also provided a panel member for some specific topics on access TV. Our increased visibility on provincial issues has resulted in many requests we have declined because we (as ACA) have not developed sufficient policy in those areas. The Board recognizes that this is an area we need to do future development work on.

While I would rate 2012 as a very successful year, when I look at the "to do" list for future years the ongoing task is somewhat daunting.

In closing, I would like to again remind you that the 50th Anniversary of ACA is only a few years away. We continue to look for suggestions for this celebration.

On behalf of the Board of Directors, I would like to thank everyone who has contributed to ACA's work, whether it is a gift of money or a gift of time. Thank you very much for your commitment and ongoing support.

Respectfully submitted,

Gary Pool

May 29, 2013

Executive Director's Report

I am honored to be reporting on the accomplishments of the Alberta Council on Aging for the previous year.

The board of directors passed a motion in January 2012 to take immediate steps to hire an Executive Director who would take responsibility for:

- 1) Senior Friendly™ Program
- 2) Website development and implementation
- 3) Have an overall vision for long term planning
- 4) Represent Alberta Council on Aging interests in dealing with Government policies

Prior to addressing these key areas, my first effort was to undergo a review of the policies and procedures manual, all documents and media related to Senior Friendly™ and begin the process of risk management. I conducted an assessment of the current staffing model and wrote grants to both apply for new monies and secure an extension on the Casino funds and the Community Initiatives Program.

As well as assigning the edit of the policy and procedures manual to a student under the Serving Communities Internship Program, (SCIP,) I revised the Senior Friendly™ Program as per the Senior Friendly™ strategic plan also included in the Annual Report. With the direction of the board, the Senior Friendly™ program has been identified as a relevant and timely tool to use along with the age-friendly initiatives being announced on all levels of government. As the project manager, I determined the program is a fundable business unit, as well as having significant capacity to raise awareness and promote understanding around the needs of seniors. A revision of the Senior Friendly™ Toolkit brought the program up to date, and made it more affordable, less administrative and more user friendly. Many demonstrations of the program were conducted through the fall and into early winter, including a well-attended demonstration at the Grey Matters 2012 Conference in Edmonton. The revised Senior Friendly™ Program

Toolkit was published and the first round of train the trainers occurred just after this fiscal year.

The ability to see long range means first narrowing the focus, understanding the mandate and programs and hearing the direction of the board. It means conducting an assessment of current programs which includes the newsletter, two programs established under the New Horizons grant several years ago: Elder Abuse Awareness, A Seniors Guide to Fraud Prevention and Multicultural Sensitivity Guide and how those fit within the context of the Senior Friendly™ program. I drafted a business plan identifying Senior Friendly™ program as the core program and future programs or publications will come under that umbrella. For instance, a next effort could be activating the Linking the Generations Program or Senior Friendly™ and Preparing for the Future- a program that discusses concrete steps and resources from writing a personal directive to an overview of health and housing navigation. I secured funding that enabled the board of directors to undergo a strategic planning exercise. This has also taken place just following the fiscal year being reported on.

As of January 1, 2013 the new website is up and running. I worked closely with the designer of Mediashakers as we selected, edited and wrote materials that would best represent our organization. It was apparent that there is a need to be clearer about our branding, marketing, and identity in terms of our perspective mandate and appearance. Policy on development of the council's "talking points" and "privacy and refund" were developed by the board of directors as a result.

There have been several media opportunities such as interviews in the Calgary Herald, Edmonton Journal, St. Albert Gazette, Prime Time CTV (2 shows, 1 phone interview). A letter of recommendation was sent to government officials prior to the announcement of the provincial budget. A letter of concern was also sent to government regarding perceived cuts to the home care budget. We met with government on three different occasions- twice with Associate Minister Vanderburg and once with Honorable Fred Horne (with Gary as a member of the Seniors Task Force). We met with MLA David Eggen to discuss our concerns around the budget and home care. We have been invited to the table to review

the Concept Paper, Continuing Care standards and to attend a closed door meeting with Alberta Continuing Care Association meeting with Associate Minister George Vanderburg. We started a wider distribution of the newsletter and have been getting good feedback from our readership on being well rounded and resourceful.

I wish to thank Gary Pool, president, for his efforts to see Alberta Council on Aging thrive. I commend the regional directors and the zone executives for their efforts to live out the mission statement. This is a passionate group of volunteers and I am thrilled to be working alongside senior citizens with a strong determination to ensure the Alberta Council on Aging is a well-respected advisor on senior citizen's needs, concerns and celebrations.

Respectfully submitted,

Donna Durand

May 28, 2013

Reports from the Regions

Region 1

Our region was proud to host the provincial Annual General Meeting in Grande Prairie last June, in conjunction with Seniors Week. This was a definite highlight in our activities. We are in full support of regional director Yvonne Dickson's work with the revision of the Senior Friendly™ Program. Yvonne is one of the first trainers under the new format. We enjoy positive relationships and share similar goals with many other service agencies in the area. Together we help to raise awareness around the needs of seniors and work to improve the quality of life as people age.

Respectfully submitted,

Cliff Mitchell, President, Region 1

Region 2

At our Annual General Meeting held Monday, April 22, 2013 at the Cold Lake Senior Centre, we had the opportunity to look back on the year as well as plan ahead.

Attendance: 84 seniors from the surrounding communities of Cold Lake, Riverhurst, Cherry Grove, Bonnyville, Elk Point, St. Paul, Fort Kent, Ardmore, Lindbergh, Spedden and Pierceland, Saskatchewan.

Diana Anderson brought forward concerns that have been expressed by the public at Lakeland Communities Health Advisory Council regarding health care services in Rural Alberta. There is a need for change in the current A. H. S. Management system to allow hospitals to operate as a single unit with their own budgets, with facility managers who have authority at the local level to respond to health care needs.

Seniors Housing was discussed. The need for independent living spaces was expressed. The continuum of care currently provides housing at Lodges, Designated Assisted Living (we know them as nursing homes) and Long Term Care; but does not adequately address the needs of those Seniors (most of them single, living on their own,) who are still independent but can no longer maintain a private household.

We were very pleased to have, as a guest speaker, Lawyer Christina Tchir, who volunteered her time to explain estate planning that included “Do’s and Don’ts” of enduring power of attorney, making a will, and personal directives. She also explained some of the pitfalls and consequences of not being fully informed and taking the necessary steps to legalize the direction of your intentions while you are still able to do so.

Paul Boisvert, a life-time member of the ACA presented an excellent review of the government’s proposed Pharmacare Program and the ramifications that seniors need to be aware of. He was joined by the local pharmacists who explained some of the changes to pharmaceutical services currently being provided, such as bubble-pack that will be negatively impacted.

Treasurer Gaby Bayduza reported the net proceeds of the Region 2 Casino that we volunteered for held in Camrose, November 2012 as \$17,656.97. This income allows us to hold meetings throughout our region, meeting with Seniors to hear their concerns, helping them to access existing programs and services, and sharing information about issues that they need to be aware of such as: fraud and scams, seniors abuse, how to avoid falls, medication abuse, etc.

Everyone is encouraged to participate in the Elder Abuse Awareness Day in St. Paul on June 14th, 2013, beginning with Seniors, family and school youth participating in a walk starting at 10 am at Sunnyside Manor.

A special thank you goes to Cold Lake Seniors Centre, who hosted our meeting.

Respectfully submitted,

Diana Anderson, President, Region 2

Region 3

Although I have not done much travelling around this region, I have been checking any building I go in to see how Senior Friendly™ it is. Most times there could be changes made. Remember, if a business is Senior Friendly™ it is better for everyone. My local seniors group has added several new members since last fall. They are busy all month. Please be aware of your surroundings at all times and don't let any scam artists separate you from your money. There are scams making the rounds of our western provinces. Also, please note you do not have to be a senior to become a member of ACA.

Respectfully submitted,
Diane Walker

Region 4

See President's Report

Region 5

Region #5 is centered in Red Deer and operates as a registered society – Central Alberta Council on Aging (CACA). Currently we have an even dozen members who serve as our Executive and Directors. We also have four standing committees – program, community relations, outreach and membership. Our one ad-hoc committee this past year and a half has been on home care which is a great concern to us and the seniors in our area.

In November we reviewed and revised our ongoing work plan for this term. Our mission, which can never be stated too often, is to maintain or improve the quality of life for seniors and encourage their full participation in all aspects of society. Our group works to accomplish this by identifying gaps or overlaps in services for seniors. To help our Board achieve this mission we rely on the following four activities to keep us on track: reporting from our members and contacts, maintaining links and liaisons with appropriate groups and organizations such as PIA, FOM (Friends of Medicare) and Council of Canadians. We often work in conjunction with other groups with similar interests and concerns.

We have been working on improving communications with members, media, government, the general public, and the other regions of the Alberta Council on Aging.

The past year we conducted our goal of five public meetings and hosted the pancake breakfast last June at the Golden Circle during Seniors' week. Generally we have a range of 60 to 100+ attend our meetings. The one that drew the most interest and brought out new faces was our meeting with a presentation on travel insurance by Johnson Inc., a fraud prevention presentation and a clarification by the City of Red Deer as to what the new water bills represented.

Subsequent to this meeting, I presented the Fraud Prevention talk to a group of condominium owners along with an RCMP constable who highlighted some precautions to consider in secure condominium/apartment buildings. That brought up some interesting scenarios as to pizza deliveries, group parties and others tagging along to get into the building, etc. Ways to approach unknown persons in the building was also discussed. Our Fraud prevention booklet was provided to all 117 condo owners.

Representing CACA, I gave a brief presentation in February to the NDP caucus that was in Red Deer gathering information from various groups as to what was not being followed through by the current Alberta Government as promised in the election. It was quite interesting to hear of the problems facing agriculture, education, persons with disabilities, First Nations people, forestry, Friends of Medicare, etc. Our Board also recently met with Brian Mason, NDP leader and had an informal conversation on many seniors' issues. That day saw the second of three rallies in Red Deer of those working to keep Michener Centre open.

Board member Jim Saltvold represented CACA on the PIA Seniors' Task Force and in October, Sam Denhaan, a CACA past president joined the task force in meeting with Government officials and Minister Fred Horne to present what was considered to be the five priority issues affecting seniors. Our members are active with various committees and research conducted by the City of Red Deer Social Planning department.

On May 25th. I attended the Rimbey Farmer's Market/Spring Fling and joined the FCSS at their display table to promote Elder Abuse Awareness. The topic was geared to letting the community understand why a community should be aware

of the problem of elder abuse. MP Blaine Calkins, as well as Rimbeys councilors, was on hand to talk briefly on this serious issue.

Overall, our Board members are dedicated, committed volunteers who work continuously to ensure seniors concerns are raised and heard in our community.

Respectfully submitted,

Bev Hanes

Region 6, 7, 8 unavailable

Region 9

The summer was fairly quiet. I attended the AGM in Grande Prairie.

In September I started sending out regional newsletters. The letters contained significant items of interest to seniors from ACA. I also invited each senior center to invite me to come and speak to their members. I have done 10 meetings since September.

At these meetings in the fall and early winter of 2012, I had those present do a survey based on the 8 main items for communities from WHO. The results of this survey, were incorporated into the "talking points" generated by Frank Hoebarth. I also conducted a non-scientific survey into computer use by seniors. I found that with rural seniors, only approximately 15% considered themselves computer users. The most common reason for non-use was "I am too old".

I will address this issue in my region in the coming year and try and get a Senior Friendly™ solution to this problem from the Battle River School Board.

I have attended Senior Friendly™ training and will use this to assist in my talks with the business associations and councils of the various communities in my region.

The Regional SAGM was held in Willingdon in October. At this meeting, the chapters that Floyd Sweet had established were disbanded. They had become non-functional, with only two of five having any activity. The North-Central Chapter president was retiring and there were no persons interested in carrying on the work begun. After a lengthy discussion, it was decided to disband all

chapters. Our ACA President and the Executive Director attended the afternoon session. After a presentation on ACA by Gary, Donna gave a presentation on Senior Friendly™.

The Region 9 AGM was held in Hay Lakes in April. Elections of executive were held. There were no changes. After lunch, we had a presentation on Seniors Fraud Awareness by Constable Matt Wilton of Camrose Police Services. He was accompanied by Art Fadum, who is a member of "Wise Owl". Constable Wilton, using the actual fraud devices showed the members present, how fraudsters steal your personal information from ATM's and other devices. Prior to adjournment a draw was held to pick a winner of a one year ACA organization membership, from the names of the centers I had visited. Hay Lakes won this prize. Additionally, a one year ACA personal membership was drawn as a door prize.

The region has agreed to host the 2013 ACA AGM. The regional executive has energetically taken on this task. I wish to thank them in advance for their support in this endeavor.

Respectfully submitted,
Fred Olsen

Core Programs

Communications

- Website
- ACA News
- Membership engagement (telephone, E-mail, in person)

Awareness Programs

- Multicultural Sensitivity (presentation and handbook)
- Fraud Prevention (presentation and handbook)
- Senior Friendly™ Program overview on-line

Education Programs

- Senior Friendly™ Program workshops
- Senior Friendly™ Program Train the Trainer

Advisors on Seniors Issues

- Clearly stated “Talking Points” of Alberta Council on Aging
- Responding to and reaching out to media
- Accepting invitations to provide feedback on programs such as Continuing Care Standards and Concept Paper
- Advising government on seniors issues (written communication and face to face meetings)

Senior Friendly™ Program

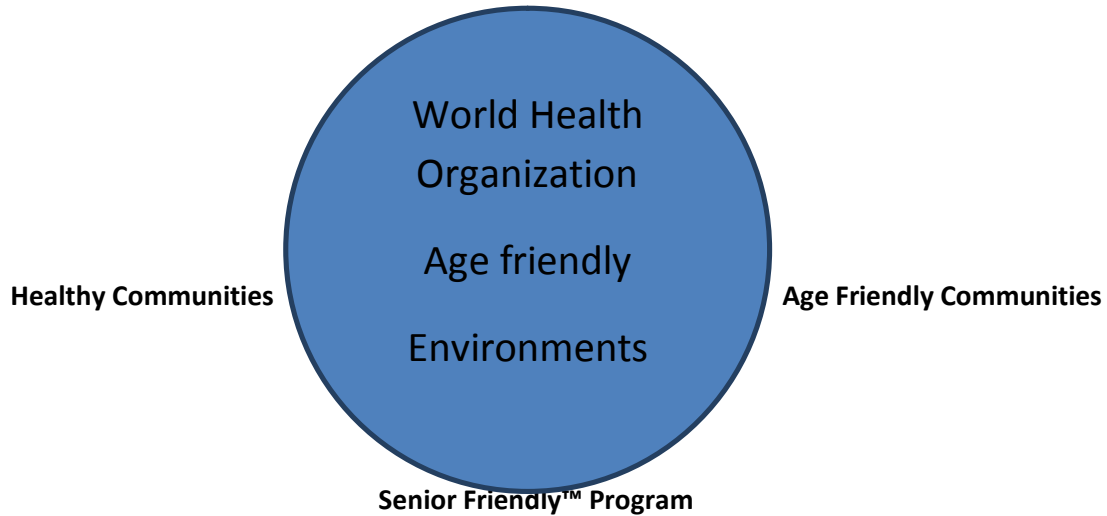
Strategic Plan

Age Friendly, Healthy Communities and Senior Friendly™:

How does the Senior Friendly™ Program fit within the bigger picture?

Alberta Council on Aging

An Independent Non-profit Charitable Organization Since 1967



World Health Organization

WHO Age friendly Environments Programme is an international effort to address the environmental and social factors that contribute to active and healthy aging. Making cities and communities age-friendly is one of the most effective local policy approaches for responding to demographic aging. The physical and social environments are key determinants of whether people can remain healthy, independent and autonomous long into their old age. Older persons play a crucial role in their communities - they engage in paid or volunteering work, transmit experience and knowledge, and help their families with caring responsibilities. These contributions can only be ensured if they enjoy good health and if societies address their needs.

Federal Government: Age Friendly Communities Initiative

The Government of Canada is proud to be a key partner in the Age Friendly Communities Initiative. The Public Health Agency of Canada (PHAC) leads this initiative with other federal, provincial, territorial and non-government partners. The Age Friendly Communities project seeks to engage older Canadians and their communities in making their communities better, healthier and safer places for seniors to live and thrive. In an age friendly community, policies, services and structures related to the physical and social environment are designed to support and enable older people to "age actively" – that is, to live in security, enjoy good health and continue to participate fully in society. Public and commercial settings and services are made more easily accessible to accommodate all levels of ability. For example, public and private transportation is accessible, streets and buildings are hazard-free, and there are opportunities for seniors to participate in civic, cultural, educational and voluntary activities.

Provincial Government: Age Friendly Healthy Alberta Communities

“Design for the young and you exclude the old. Design for the old and you include everyone.”

Bernard Isaacs, Founding Director of the Birmingham Centre for Applied Gerontology

In the next 10 years, the number of seniors is going to increase by more than 50 per cent. By 2031 it is projected that there will be more than 923,000 seniors - meaning about one in five Albertans will be a senior. This will affect the way we build infrastructure, the way we get around, and even the way we shop for goods and services. That is why now is a great time for us to make our communities more age friendly. Age friendly communities promote healthy and active aging. People in age friendly communities are supported in maintaining their independence and have access to the community supports and services they require.

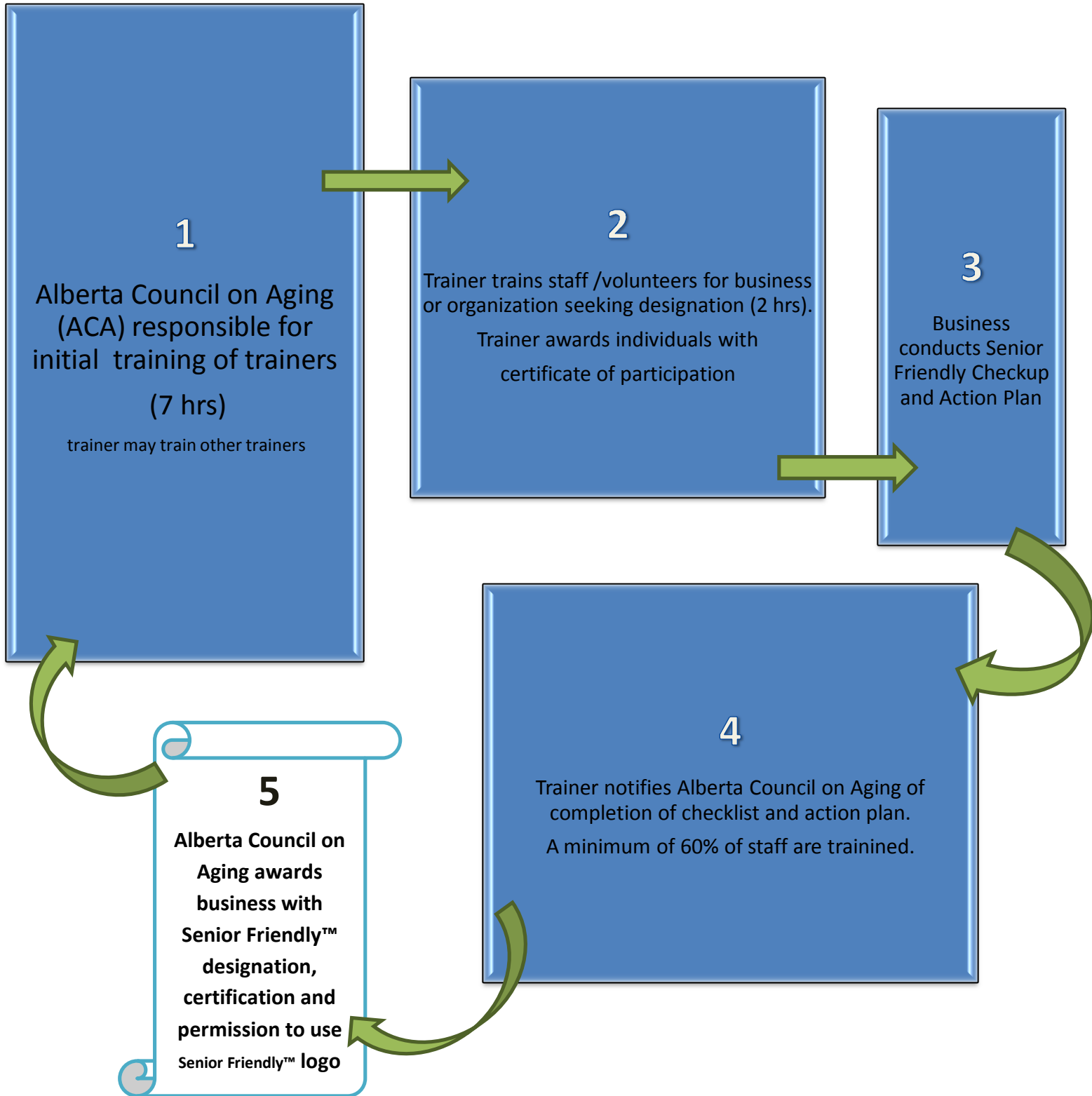
Senior Friendly™ Program: How does it fit within the bigger picture?

The Senior Friendly™ Program is the “how” to the “why” of the clarion call for age friendly, healthy communities. Ahead of its time, in 1997, the *Alberta Council on Aging developed and trademarked a comprehensive program to help businesses and organizations make their operations successfully Senior Friendly™. There are 4 key steps to a business or organization becoming Age friendly, Senior Friendly™:

1. Senior Friendly™ Workshop for staff/volunteers
2. Checkup (audit of the business)
3. Action plan (making change based on check-up)
4. Senior Friendly™ Designation

How very exciting it is when an entire town or city works toward designation. Please consider utilizing the Senior Friendly™ Program when rolling out your age friendly plan. You will be delighted with your results and you will make your community a safer and more user friendly place for everyone.

*The Alberta Council on Aging is a registered charitable organization since 1967, working to improve the quality of life for seniors



Is Your Organization Senior Friendly™?

Have you noticed that a significant percentage of your client base is over 65? Participate in a Senior Friendly™ Training Session and develop excellent service strategies to satisfy your older customers and retain their life long loyalty.

In this 2 hour session, learn about the expectations and distinctive needs of older people with this interactive training seminar, specifically designed for the staff and managers of enterprising organizations. Senior Friendly™ is an attitude of justice, respect and fairness toward all people. It is getting beyond the myths and stereotypes of seniors and meeting the real people. It is also a set of ideas, suggestions and guidelines to create an environment that is beneficial to businesses and seniors and addresses the challenges of many older adults.

The Senior Friendly™ workshop details the evolving needs of an aging consumer base and provides practical ways to meet those needs with excellence. Every person will take away useful tips for providing exceptional, Senior Friendly™ service. Trainers may be sponsored by a specific business/organization or may be a dedicated volunteer. A certified Senior Friendly™ trainer will help participants:

- ⚙ To Learn the facts that dispel myths about seniors
- ⚙ To Understand the age wave implications for business
- ⚙ To Experience the daily challenges that some seniors face
- ⚙ To Practice service strategies to exceed seniors' expectations

Reward your staff with the Senior Friendly™ Workshop: an interactive learning experience. Staff and volunteers will receive a certificate upon completion of the training. Plus you will be promoting a new attitude!



Happy customers are loyal customers...

How Do I Become a Senior Friendly™ Trainer?

The Alberta Council on Aging respects the work of the members and volunteers who came before us, as well as the Councils' expertise in communicating the needs and challenges of Albertan Seniors. In order to keep the training current and standardized, trainers must be trained by a certified Senior Friendly™ Program Train the trainer. Trainers must also be a *member, in good standing of the Alberta Council on Aging.

Qualities of a Senior Friendly™ Trainer

1. Experience offering adult education
2. Ability to see a project through
3. A knowledge base about Seniors
4. A desire to play a significant role in the age friendly initiative

Incentives to being a Senior Friendly™ Trainer

1. Belong to a certified group of specialized trainers
2. Acquire a full day of training plus the Senior Friendly™ Toolkit at a low cost of \$300
3. Receive \$150.00 from the Alberta Council on Aging if you train someone else to become a trainer
4. If your employer is sponsoring you to train their own staff only, and you are not an "independent" trainer, the cost for the training and toolkit is \$150. You will not be able to submit for the honoraria each time you train a trainer.

Contents of Senior Friendly™ Toolkit

- Senior Friendly™ Program Workshop PowerPoint presentation and notes for participants
- Trainer's Manual and Participants Workbook- Supplementary
- Checkup (audit of the operation), Action Plan (making change based on checkup)
- Templates for : Senior Friendly™ Program certificates for participants on completion of workshop, trainer's training and for final designation, posters, media announcement
- CD with entire toolkit and Unfair Hearing Test MP3
- Supporting documents and resources including additional Checklists
- Instructions on how to build the Senior Friendly™ Program experiential kit

*Alberta Council on Aging membership is \$22.00 per year (Jan 1 to Dec 31)



Summary

Full Designation and Awareness

There are two streams to follow in utilizing the Senior Friendly™ Program. One is to take your business/organization from the initial staff/volunteer workshop to full designation of your business. What a wonderful way to celebrate your team as you bring in a new attitude and empathy toward seniors.

The other stream is, if you simply want to gain insight about being Senior Friendly™ Program please refer to our on- line Senior Friendly™ Awareness Program as well as the age friendly Senior Friendly™ Business Quicklist.

There is a place for everyone in the process of becoming an age friendly community. There are excellent resources available. Please consider the Alberta Council on Aging as one of them.

Contact us today:

Senior Friendly™ Program

Box 9, 11808 St Albert Trail

#232 Circle Square Plaza

Edmonton Alberta Canada

T5L 4G4

780.423.7781 (Edmonton and area) toll free 1.888.423.9666

info@acaging.ca

Revision: Donna Durand ED, ACA March 2012

Acknowledgements

The Alberta Council on Aging gratefully acknowledges the support of our funders:

Sponsors:

Johnsons Inc

Union 52 Benevolent Fund

Community Initiatives Program

Community Spirit Grant

Alberta Seniors

Alberta Gaming (Casino)

SCIP (Serving Communities Internship Program)

Alberta Council on Aging members and donors

Staff members in 2012: Daniella Hildebrandt, Nadia Willigar, Kathie Neu Organ, Kathleen Coulter, Cathy Dyck

Office Volunteers: Nataliia Ratushna, Ashleigh Scott, Meaghen Allen

Collaborations:

Seniors Task Force Coordinated by Public Interest Alberta

Alberta Network of Seniors Related Organizations

Edmonton Seniors Coordinating Council (GreyMatters Conference)

ALBERTA COUNCIL ON AGING
EDMONTON, ALBERTA
FINANCIAL STATEMENTS
FOR THE YEAR ENDED MARCH 31,2013

Hawkings Epp Dumont LLP Chartered Accountants

ALBERTA COUNCIL ON AGING
STATEMENT OF FINANCIAL POSITION

AS AT MARCH 31, 2013

	<u>March 31</u> <u>2013</u>	<u>March 31</u> <u>2012</u>	<u>April 1</u> <u>2011</u>
<u>ASSETS</u>			
Current Assets			
Cash (Note 4)	\$ 165,560	\$ 206,527	\$ 220,388
Goods and Services Tax receivable	3,571	2,436	2,575
Prepaid expenses	<u>3,461</u>	<u>3,461</u>	<u>3,481</u>
	<u>\$ 172,592</u>	<u>\$ 212,424</u>	<u>\$ 226,424</u>
<u>LIABILITIES AND NET ASSETS</u>			
Current Liabilities			
Accounts payable and accrued liabilities	\$ 10,313	\$ 6,147	\$ 9,448
Deferred contributions - operating (Note 5)	<u>83,479</u>	<u>119,748</u>	<u>135,043</u>
	93,792	125,895	144,489
Net Assets			
Unrestricted	<u>78,800</u>	<u>86,529</u>	<u>81,935</u>
	<u>\$ 172,692</u>	<u>\$ 212,424</u>	<u>\$ 226,424</u>

ON BEHALF OF THE BOARD:

B. Hines Director

Gary Pool Director

The accompanying notes are an integral part of these financial statements.

ALBERTA COUNCIL ON AGING
STATEMENT OF CHANGES IN NET ASSETS
FOR THE YEAR ENDED MARCH 31, 2013

	<u>2013</u>	<u>2012</u>
Balance, Beginning of Year	\$ 86,529	\$ 81,935
Excess (Deficiency) of Revenue over Expenses	<u>(7,729)</u>	<u>4,594</u>
Balance, End of Year	<u>\$ 78,800</u>	<u>\$ 86,529</u>

ALBERTA COUNCIL ON AGING
NOTES TO FINANCIAL STATEMENTS
MARCH 31, 2013

1. NATURE OF OPERATIONS

Alberta Council on Aging (the "Organization") is a non-profit society incorporated under the *Societies Act of Alberta*. The Organization provides support for seniors and their concerns in both rural and urban communities across the province of Alberta.

2. FIRST TIME ADOPTION OF ACCOUNTING STANDARDS FOR NOT-FOR-PROFIT ORGANIZATIONS

Effective April 1, 2012, the Organization adopted the requirements of the Canadian Institute of Chartered Accountants (CICA) Handbook, electing to adopt the new accounting framework: Canadian accounting standards for not-for-profit organizations (ASNPO). These are the Organization's first financial statements prepared in accordance with ASNPO which has been applied retrospectively. The accounting policies set out in the significant accounting policies note have been applied in preparing the financial statements for the year ended March 31, 2013, the comparative information for the year ended March 31, 2012 and in the preparation of the opening ASNPO statement of financial position at April 1, 2011 (the Organization's date of transition).

The Organization issued financial statements for the year ended March 31, 2012 using Canadian generally accepted accounting principles prescribed by CICA Handbook. The adoption of ASNPO had no impact on the previously reported assets, liabilities and net assets of the Organization, and accordingly; no adjustments have been recorded in the comparative statement of financial position, statement of operations, statement of net assets and the cash flows statement. The Organization's disclosures included in these financial statements reflect the new disclosure requirements of ASNPO.

3. SIGNIFICANT ACCOUNTING POLICIES

Basis of Presentation

The financial statements were prepared in accordance with Canadian accounting standards for not-for-profit organizations.

Revenue Recognition

The Organization follows the deferral method of accounting for contributions. Restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

Membership and other program related fees are recognized as received.

Contributed Services

Volunteers donate services throughout the year to assist the Organization in carrying out its activities. Due to the difficulty of determining their fair value, contributed services are not recorded in the financial statements.

Measurement Uncertainty

The preparation of financial statements in accordance with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the recorded amounts of assets and liabilities, the disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reporting period. All estimates are reviewed periodically and adjustments are made to the statements of operations as appropriate in the year they become known.

ALBERTA COUNCIL ON AGING
NOTES TO FINANCIAL STATEMENTS (CONT'D)
MARCH 31, 2013

6. COMMITMENTS

The Organization leases office space with annual lease payments and operating costs of approximately \$20,000. The current lease expires on November 30, 2015.

7. FINANCIAL INSTRUMENTS

It is management's opinion that the Organization is not exposed to significant credit, liquidity, market, currency, interest rate or other price risk through its financial instruments which include cash, accounts receivable and accounts payable and accrued liabilities.

8. COMPARATIVE FIGURES

Certain comparative figures have been reclassified to conform with the current year's presentation.

Alberta Council on Aging Contact Information:

Box 9, 11808 St. Albert Trail

#232 Circle Square Plaza, Edmonton, Alberta

T5L 4G4

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